



SPRING CLEANING CHECKLIST

Complete Room-by-Room Guide for Ontario Homes

How To Use This Checklist

- Print this checklist and work through each room systematically.
- Start from the top floor and work down to avoid re-dirtying cleaned areas.
- Check off tasks as you complete them to track your progress.
- Follow the 3-week timeline at the end to keep the schedule manageable.

Supplies You'll Need

General Cleaning Tools

- Microfiber cloths (pack of 12–24)
- All-purpose cleaner
- Glass cleaner
- Disinfectant spray
- Vacuum with attachments
- Mop and bucket
- Scrub brushes (various sizes)

Room-Specific Products

- Oven cleaner (kitchen)
- Tile and grout cleaner (bathroom)
- Toilet bowl cleaner
- Shower and tub cleaner
- Wood floor polish

Floor Care

- pH-neutral floor cleaner (for road salt damage)
- Carpet stain remover
- Floor buffer (or rent)

Outdoor Supplies

- Pressure washer (rent or hire)
- Deck cleaner

- Garden hose
- Gutter cleaning tools

Kitchen Spring Cleaning

Appliances

- Deep clean inside refrigerator (remove shelves, wipe walls)
- Clean behind refrigerator (pull out, vacuum coils)
- Clean inside oven (oven cleaner or baking soda)
- Wipe outside of all appliances
- Clean microwave inside and out
- Run dishwasher cleaning cycle
- Clean coffee maker (descale with vinegar)

Surfaces & Cabinets

- Wipe inside cabinets and drawers
- Organize pantry, discard expired items
- Scrub backsplash and tile grout
- Deep clean countertops and sinks
- Polish stainless steel fixtures

Floors

- Sweep and mop floors
- Clean baseboards and corners
- Remove salt stains with pH-neutral cleaner

Bathroom Deep Clean

Fixtures & Surfaces

- Scrub toilet bowl, seat, base
- Clean shower, tub, tile, and grout
- Remove soap scum from glass doors
- Scrub sink, faucet, drain
- Clean mirrors and light fixtures
- Wipe counters and cabinets

Storage & Organization

- Clean inside cabinets and drawers
- Discard expired medications and products
- Organize toiletries and towels

Ventilation & Floors

- Clean exhaust fan and vent
- Wash bathmats and shower curtain
- Mop floors and baseboards
- Check for mold around tub and shower caulking

Bedroom Declutter & Deep Clean

Bedding & Mattress

- Wash all bedding (sheets, pillowcases, comforters)
- Flip or rotate mattress
- Vacuum mattress surface
- Wash mattress protector and pillows
- Clean headboard and bed frame

Furniture & Surfaces

- Dust dressers, nightstands, shelves
- Wipe mirrors and picture frames
- Clean inside drawers, organize clothes
- Vacuum or dust under bed

Closet Organization

- Declutter closet (donate unused clothes)
- Organize shoes and accessories
- Dust closet shelves and rods
- Store winter clothes, bring out spring wardrobe

Floors & Windows

- Vacuum carpets or mop hard floors
- Clean baseboards and corners
- Dust window blinds or wash curtains

Living ROOM: Floors, Furniture & Air Quality

Furniture

- Vacuum upholstered furniture (sofas, chairs)
- Dust coffee tables, side tables, shelves
- Clean behind and under furniture
- Wipe TV, electronics, cables
- Dust decorations, frames, artwork

Floors & Walls

- Vacuum carpets thoroughly (edges, corners)
- Mop hard floors
- Clean baseboards and trim
- Spot-clean walls and light switches
- Dust ceiling fans and light fixtures

Windows & Air Quality

- Wash windows inside and out
- Clean window tracks and sills
- Vacuum or wash curtains and blinds
- Replace HVAC filter before AC season

Basement Cleaning Tips

Basement Tasks

- Check for water leaks or moisture damage
- Clean and organize storage shelves
- Vacuum floors and corners
- Wipe walls (check for mold)
- Clean windows and window wells
- Declutter and donate unused items
- Inspect sump pump and drains
- Air out with fans or dehumidifier

Outdoor Spring Cleaning

Home Exterior

- Pressure wash siding, walkways, driveway
- Clean gutters and downspouts

- Wash exterior windows and screens
- Inspect and repair caulking around windows and doors
- Clean front door and hardware

Deck, Patio & Yard

- Sweep and pressure wash deck and patio
- Clean outdoor furniture
- Organize garage and shed
- Rake leaves and debris from yard
- Trim bushes and plants
- Clean and test outdoor grill

3-Week Spring Cleaning Timeline

Break your spring cleaning into manageable chunks. Work through one week at a time for best results.

Week	Focus Areas	Time Commitment
Week 1	Kitchen, bathrooms, appliance deep cleaning	6–8 hours (weekend)
Week 2	Bedrooms, living room, closet organization, carpet cleaning	5–7 hours
Week 3	Basement, windows (inside and out), outdoor spaces, pressure washing	6–8 hours

Pro Tips For Success

- Start from the top floor and work down — dust falls to lower areas.
- Book professionals early for carpet cleaning, window cleaning, and pressure washing.
- Use pH-neutral cleaners on salt-damaged floors to prevent further staining.
- Schedule pressure washing when outdoor temps stay above 10°C.
- Work in small chunks — 2-3 hours per session- to prevent burnout.
- Open windows for ventilation when working with cleaning products.

Ontario-Specific Challenges

- Road salt damage: Use pH-neutral cleaners on hardwood and tile floors.
- Frozen window tracks: Thaw carefully before deep cleaning.
- Basement moisture: Check for snow melt seepage and use dehumidifiers.
- Dry winter dust: HVAC systems spread dust — change filters first.
- Salt-damaged concrete: Pressure wash driveways and walkways in April.

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